1 Part 1: What in the Church fills me with life?

**Sacraments**-Reconciliation; Availability of confession and how it is properly set up and administered  
-The Eucharist; frequent reception of the Eucharist  
-Recognition of what the Eucharist is: we have the Body, Blood, Soul and Divinity of Christ  
sacraments

**Liturgy**-Daily Mass makes a world of difference; Mass is the greatest prayer; homilies  
-Being open to Jesus at Mass  
-The church preparing bilingual priests.  
-worship; Feast Days

**Prayer**-Daily Prayer; inspired by the Holy Spirit  
-Reading Scripture; Word of God  
-Perpetual adoration.  
- Rosary

**Catechesis**- Jesus is (should be) the focus of our life  
-Reminding ourselves that the Holy Spirit is working in my life  
-Bible in a year Studies  
-A lot of people have lost their way -- need to come back to practices.  We need to remind people - the core ofthe catechism & what we believe  
-Habits can be broken so fast  Easy to wander away - need to pray more to recognize that

**Resources**

**Orthodoxy**

**Faith/Practice**-Appreciate all the spiritual opportunities and resources  
-Opportunities to serve in new ways; service  
-Appreciation of greater inclusion of women. Lector, serving, Extraordinary Minister of Holy Communion  
-Sharing Faith with other Christians  
-Getting away from social media influence  
-Support in prayer

**Community**- Being with a like-minded community, St. Mary  
-Small group faith sharing, getting to know each other; Grace group  
-option for the poor.  
- community as body of Christ throughout the world  
-Unity - Important to promote more of that -- being consistent (not localized), universal, Catholic  
-Simple, communal living should be practiced in laity as well, a spirit of poverty  
- Fellowship & Community

1 Part 2: How is the Holy Spirit working in my life?

**Prayer**-Prayer and Singing, and come Holy Spirit  
-Divine Mercy  
-Praying the Rosary

**Catechesis**

**Faith/Practice**-Seeking opportunities of serve and participate  
-Inviting others (to lunch), reaching out  
-Enjoyed the small faith groups  
-Holy Spirit deepens faith with caregiving opportunities  
-Streaming Catholic Faith resources. i.e, Bishop Barron, EWTN  
-Holy Spirit lights flame in social teachings of Church.  Especially works of mercy

2 *Joys and wounds*

2 Part 1. Brought Joys:

**Sacraments**-loves the new form Latin Mass

**Liturgy**-Women play a greater role and this is something that God has done to bring good. The church has started to become more proactive  
-Coming to Church on Christmas, Easter Sunday. Think of baptisms, weddings. Even funerals. People might tell you things about the person you lost.  
-When go to communion, when have host, get back when kneeling gets a chill right up her back. It seems to go on. Had never thought they could feel God’s presence.   
-different ways to worship.  
- Music

**Catechesis**-Truth, the absolute and certain Truth that the Church teaches and maintains, is a joy  
-solid formation for parishioners and catechists.

**Resources  
-** The Synod is a joy, to express ourselves, talk about our love for the Church  
-Scripture, Fr. Mike Schmitz,

**Orthodoxy**

**Faith/Practice**-Opening up to the Holy Spirit, to instruction, to obedience  
-We are truly a universal Church and we do need to celebrate our diversity. Languages . Regardless of skin color. Big joy - celebrating diversity  
-Prayer time, feels His presence.

-Service organizations – St. Vincent de Paul. They don’t ask which church you belong to you. They are recognized as Catholic organizations, but they don’t expect you to become catholic, for example.   
-Feeling that "Why Isn't God doing anything?  He wants to use us.  
-Prayer!

**Youth   
  
Community**-Knowing personally a community of believers, sharing faith; thank Jesus for His holy presence when we receive community  
-Felt lonely in Protestant Church, felt a presence in Catholic Church, never felt alone  
-Appreciate all the priests in their lives. These ladies have only had great experiences of priests  
-Grown to be part of a prayer group (grace group). Belonging to a group, make her aware. Belonging to a group, make her aware, that we have shared things that that we don’t normally share with other people. An awareness. We often think that my experience is unique. Everyone is carrying a cross.

-Sharing the word of Christ. Felt like doing that when reading scriptures. Prayer come Holy Spirit.

Parable of the light under the bushel basket. We need to share our light.

-The people you meet everyday – praying for each other – supporting each other on an individual basis. Be open to understand other faiths as well.

-People making the sign of the cross in public. Christ: “If you are ashamed of me, then I’ll be ashamed of you.” Don’t be ashamed of your faith.

-The example of the nuns.  
-Holy Spirit encourages us to live our faith daily. Gives desire to love and have compassion for those in need. Such acts of charity are an expression of faith.

-Speak from your heart when you meet someone. If someone asks about going to Church, share what Christ has done for you. Invite those who don’t have a church. People might not feel worthy of being in a click. Make sure that people know that everyone is worthy, Christ did for all.

-prayer in community.  
-unity in the communities in different events and activities.

2 Part 2: Gave Wounds:

**Faith/Practice**-Hardest part was COVID crisis -- not being able to come to Church  
-the bad testimony.  
- Scrupulosity - about liturgy; Vatican II has caused division within the Church (old form vs. new form); Holy Father's actions are concerning and hurts the credibility of the Vatican; scandals have reveled wounds and hurt, but there is hope in reconciliation and moving forward

--consistency at any Mass needs to be there

-Limiting the Traditional Latin Mass is divisive  
-We can support each other in good & bad times through community and prayer; offering help to those in need; sharing and using our talents

**Catechesis**-be open to reaching out and bring them in without moving out

**Abuse/Insensitivity**-Political wounds when the Church gets caught up with the mandates and being politically correct (particularly at the Newman Center)  
-Sexual abuse throughout the world. In the way the Church handled it. The Church needs to continue with that transparency

**The Church**-Loss of trust in leaders, the Pope, cardinals, certain Bishops. Many have betrayed the Church and the faith  
-need for re-unifying the Church (not old vs. new) - need for healing

**Our Behavior**-When people have certain agendas or are looking for certain things, and then get mad at the Church for not fulfilling or meeting their agenda… and leaving   
-Relativism is all its many forms, pandering to the current culture of death   
cultural divisions.  
-the lack of communication between parishes when there is a spiritual growth or retreat  
-can't lose yourself by trying to meet theneeds of someone else

Question 3: As a Catholic community, we are expressly enjoined to invite others into a life-giving relationship with Jesus Christ. When we dream about how best to accomplish this, what steps is the Holy Spirit inviting the Church in Wester Oregon to take?   
  
*Note: Responses broken up into categories: Education, Spirituality, Youth, Outreach, Community.*

**Education**  
-A bill that is being voted on Monday. Abortions on demand.   
-we must know our faith not only in theory, but in practice.  
-Welcome new people to the faith

-need to draw Catholics back who have left  
-Education --> more resources and money to make Catholic education more accessible -- it seems unattainable

**Spirituality**  
-Deepen the faith of the people who are already committed and involved, build up the already strong believers  
-Pray that God will guide us.

**Youth**  
-special growth of these times for young people.  
-vocation awareness: seminarians and nuns (need to be more visible in parishes so they can see and have role models)

**Outreach**  
-Don't be mean to people  
-Be kind, be positive  
-Be firm and positive, do not accommodate the culture  
-Would like to know what the Archbishop is doing to reach out to these other faith groups and churches. More ecumenical outreach. What can we do to bring back our own relatives back to church. What would Jesus do? He would eat, he was big on going to dinner. Be bold! Don’t wait to be invited.

-Out reach to prisoners. Outreach to LGTBQ+ - they are God’s children. Jesus wouldn’t have turned away from them.

-Reaching out to the homeless. Reaching out to the ones under the Washington Bridge.

Do we give money to those are homeless? Be open to the Holy Spirit.   
-By his Cross and resurrection inviting the HS into our own hearts and inviting others.   
-accept and love others.  
-be charitable.  
-a good testimony of life.  
-Ex Catholics become anti-Catholic; hypocrisy

-Bring speakers and retreats to all parts of Oregon, not just Portland area  
  
 **Community**  
-more work from Church within our communities -- homeless around us  
-more outreach in Mission  
-we need to ask and rely on theHoly Spirit to guide us in relationship with others

-strengthen our communities through prayerand worship, fellowship and service

-Take Fr. Ron and the Archbishop to coffee